Written by Jacob Chacko Kallara Sunday, 11 May 2008 20:23

"There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit." - Romans 8 V1 ". .. Walk in the Spirit and you shall not fulfill the lust of the flesh"

## - Galatians 5 V16

The flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so you do not do the things that you wish. (Galatians 5 V17). We cannot satisfy the lust of the flesh and the Spirit of God at the same time. The battle between the flesh and the Spirit is severe but to those who are in Christ Jesus, are not under the law and there is no condemnation, for the body is led by the Spirit. Let us seek the presence of God and pray about it and do not let the lust deceive the body, that belongs to Christ.

"And behold, I am coming quickly, and My reward is with Me, to give to every one according to his work."

**Jesus Christ**