

You formed my inward parts

Written by Jacob Chacko Kallara
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"For You formed my inward parts; You covered me in my mother's womb." - Psalm 139:13
"Before I formed you in the womb I knew you; before you were born I sanctified you; I ordained you a prophet to the nations." - Jeremiah 1:5

Sometimes when going through the most difficult times in our lives, we may feel alone, and overwhelmed. In those moments, we may feel alone, unseen, or misunderstood, as if no one truly grasps the depth of our pain. Yet it is often in these very valleys that our Lord and Savior draws nearest. He is not distant from our sorrow; He walks with us through it, comforting and sustaining us. Our God knows every detail of our physical and spiritual needs. He formed us in our mother's womb, and before we ever saw the light of day, He had already written a purpose and a plan for our lives. Because of this, we need not let discouragement overtake us. Instead, let us lift our eyes to Jesus, the author and finisher of our faith, who faithfully carries His people through every storm. Praise the Lord!