"He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy." - Proverbs 28 V13
"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." - 1 John 1 V9
If you do something bad just don't tell anyone and hide it says the devil, but the bible teaches that he who covers his sins will not prosper and his sin will find him out. Now a days our world is so desensitized to sin   that a person is considered weird if he doesn't sin certain kind of evil. The bible teaches that our holy God tolerates no sin and He despises all sins. The wages of sin is death and there is no escape except in the shed blood of Jesus Christ. The blood of Jesus covers all sins and he who confesses and seek His mercy will receive forgiveness. It is wise to confess all sins to the Lord and live in His will and turn away from all evil. Come to the Saviour and receive the free gift of salvation. Praise God!
"And behold, I am coming quickly, and My reward is with Me, to give to every one according to his work." - Jesus Christ Amen. Even so, come, Lord Jesus!