"But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfil its lusts." - Romans 13 V14

"And we know that the Son of God has come and has given us an understanding, that we may know Him who is true; and we are in Him who is true, in His Son Jesus Christ. This is the true God and eternal life." - 1 John 5 V20

We live in a world which is sinful and corrupt and as believers it is difficult to live with sin around us and not to get tempted. But when we face those temptations unless we have Christ in us it is impossible to overcome the temptations. Therefore the scripture teaches us to put on the Lord Jesus Christ and make no provision for the flesh. When we received Christ into our heart, we made a commitment to the Saviour who has given us an understanding that we may know Him who is true. Let us live our life for Christ who saved us from our sins and serve Him faithfully. Christ offered His life for us and now it's our turn to live our life for Him. Praise God!

"And behold, I am coming quickly, and My reward is with Me, to give to every one according to his work." - Jesus Christ Amen. Even so, come, Lord Jesus!