

## **Watch and pray**

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**"The heart is deceitful above all things, and desperately wicked; Who can know it?" - Jeremiah 17 V9**

**"Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak." - Matthew 26 V41**

**The heart of man is desperately wicked and deceitful, and from it comes the source of all evil. Even as born again Christians, we often wrestle with our flesh, but the grace of God is all sufficient and He provides His strength to those who watch and pray. It is foolish to live a sinful life and live outside the will of God. Let not your heart be troubled but pray to the Saviour and Lord Jesus Christ, because He overcame the flesh and by His death on the cross and by rising from the grave, He gave us victory over both sin and death. Praise the Lord!**

*"And behold, I am coming quickly, and My reward is with Me, to give to every one according to his work." - Jesus Christ*

**Amen. Even so, come, Lord Jesus!**