I have received this email from Helen tonight, praise God she will be coming home. Thank you for all who have prayed for her recovery, and continue to pray for her as she travels home and gets back on her feet. God bless.

Dear All,

Just to let you know, we will be leaving Jo'burg on Tuesday 30 October 2007, arriving home Wednesday sometime in the afternoon I will be 'deposited' at the Royal Victoria Hospital and have no idea which Ward I'll be in. If you wish to know, please contact Mum next Wednesday evening and she'll probably be able to tell you!

So that's it - be nice to get home. Please pray for us as the journey is long and tedious. Travelling Lufthansa via Frankfurt - Dublin and by ambulance to Belfast. I'll be on a stretcher, so it's OK for me! That's all for now! Maybe see some of you next week, I hope - don't leave me languishing in the Royal!

Bye for now. Love Helen (and Mum).